



LOADING THE WIND-MASTER

Here is an easy way to pick up and store a road sign. Because the sign is tall when it is standing vertically, you have to tip it away from yourself, then step over it to get close to it. You want to have it under you when you lift it instead of out in front of you, which would put the weight of it on your back. When you lift to put it into the truck, make your legs do the work by bending your knees as you handle it. Get a feel for using your legs for everything that you do. You won't be as tired or sore at the end of the day if you use your legs!