



MOVING THE 16 CONVEYOR DIVERTER

This worker is about to pull on the diverter to move it, but look at the drawing on the left. In this stance he is going to pull a muscle in his back from all the twisting it is forcing him to do. The worker on the right has the correct idea with how to grip the diverter to pull it. It should be obvious by the way he is standing that he will be able to use his legs for the pull without twisting his back. Be really careful of twisting your back under load because that is the quickest and easiest way to tear it up. Make sure your stance is appropriate to the job before you do it, even if you are in a hurry!