



## PULLING THE DIVERTER LEVER

When you need a lot of strength to pull or push on a lever and you are restricted by a staircase, you can create a wide stance even on the stairs. As seen above, he has put one foot up and one down to get a good stance and he is bridging to the rail to add upper body strength to the task. There is rarely a time when you can't open your stance and use your legs for the job. You just have to be willing and creative!