

INCORRECT

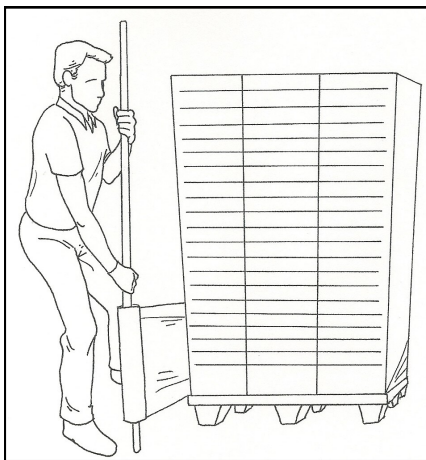


Note in this illustration that the wrap is being applied from right to left. Note also that the worker's left arm is on the bottom of the shrink wrap roll with his right hand at the top. This combination of elements (right to left motion, left hand bottom and right hand top) results in a bend/twist to the back as this job is being performed.

CORRECT



Never, ever, bend/twist your back, even with this simple job. Note in this illustration, as the wrapping proceeds from right to left, the worker's right hand is at the bottom of the roll with the left hand at the top. This allows the back to remain upright and not in a twisted position. Although this may seem like a trivial point, it is the bend/twist position that can easily kink a back. Always use wide stance POWERLIFT® to avoid bend/twist.



SHRINK WRAPPING A PALLET

There are some very subtle biomechanical things to consider when Shrink Wrapping. This is true especially if you do not use the shrink wrap handle when doing this job.