



This is a lifting job that lends itself well to POWERLIFT®. Lifting a chair is just like lifting a load with handles. Approach a chair from a 45° angle, spread your feet, bend your knees. Keep close to the load and lift with your legs like an elevator, instead of your back like a crane. Grasping the chair in the same way as seen on the illustration above, you will find it easy to approach the stack of chairs with the same 45° wide stance positioning.

Unstacking the chairs can be done in the same fashion. Approach the stack from a 45° angle with wide stance, knees bent. Grasp the chair at opposite corners and lift it off with your legs rather than with your back. Setting the chair down on the floor can be accomplished with the same type of move when the chair is placed between your knees while in wide stance.

STACKING CHAIRS