



Use **POWERLIFT®** to start equipment like your snow blower. Pulling on the starter cord with your back can tear the ligaments of the low back as you bend, twist and pull the starter cord. Keeping a wide stance lets your hips do the bending and twisting and you don't have to use back strength for the pull. Your legs are much stronger than your back and you will feel the difference the very first time you try it!

STARTING THE SNOW BLOWER