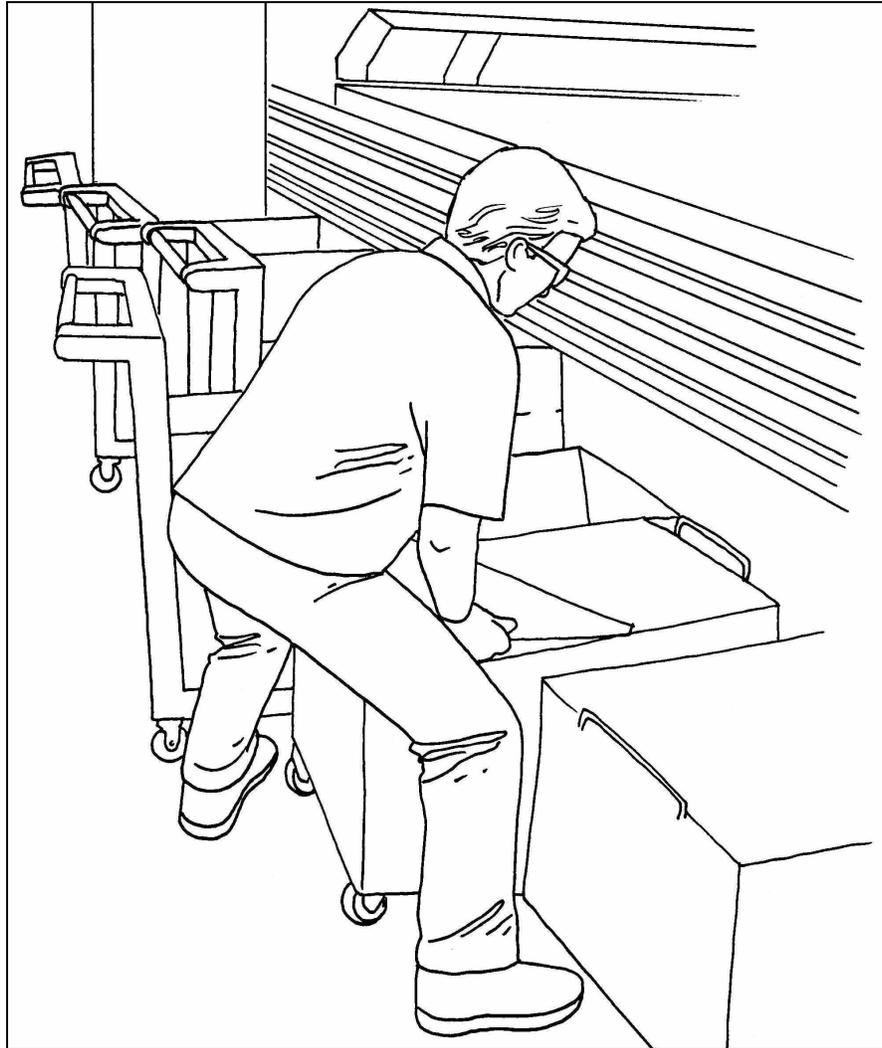


TROUBLE SHOOTING GUIDE



IT TAKES TOO MUCH TIME TO USE POWERLIFT[®]

The size of all your lower back muscles are about the size of your thigh just above the knee. When you are back lifting you are using only one thigh 's amount of muscle for the job. When you use **POWERLIFT[®]** you are using two thigh 's worth of muscle for the same job. That way you are faster as you work because you are twice as strong, twice as efficient and you won 't tire out as easily!